# Röjeslingan

## Walking trail, remains of herding station, bathing area

Röjeslingan is a path that connects parts of Kronvägen with Björkom herding stations. Along the path you can admire a beautiful view from Lidbacksberget. After this, you will reach one of the famous Giant Pines. From here you can make a detour to Gluptjärnen, a beautiful small lake. Then the path continues towards the Björkom herding stations, a wonderfully peaceful spot. There are several geocaches along the trail. We recommend waterproof boots most times of the year due to bogs and muddy areas.



Root of a giant pine Photo:

Photo: Lena Liljemark

### Cultural history

The name Röjesjön probably derives from Rogsta, an area of land belonging to the local vicar. The lake used to be called Råggasjön, which is thought to derive from the name Rogsta. On maps from 1760 the place is marked as "Godsen", which may be the name of a former premises built on the land.

After the path, you will pass an old charring site (the remains of a charcoal pile), where you will find printed information. A charring site appears as a circular elevation on the ground, and testifies to the farmers' hard work burning charcoal during the time when iron was produced in Lagfors. Coal was produced on this site for decades.

The path continues to Björkom herding stations, where you will find plenty of signs and information about the herding stations of the past. There were four herding stations at Björkom, all of which were abandoned in the 1930s. Today five house foundations and several boundary cairns can be seen at the site. Herding stations were first built there in 1788, when major forest reforms were carried out. Before that, the livestock was grazed on summer pastures along the road to Röjesjön.

#### Natural sites of interest

The Giant Pines on Kronvägen are among Norrland's oldest pines. One of them is situated on this trail. Both of the Giant Pines probably took root sometime during the 14th century, making them about 650 years old.

#### Other information

The path up to Lidbacksberget is often wet and muddy, so you can expect to get your feet wet during the walk.

#### **Route description**

You can start at any parking on the map.

- 1. After reaching Kronvägen, follow the trail over recent clearing up to the picnic area on Lidbacksberget. The picnic area has an outdoor toilet, a shelter and a barbecue area. If you walk slightly further out, you will see a beautiful view over Röjesjön.
- 2. After walking down Lidbacksberget, you will come to a fork in the trail. One of the forks goes to Gluptjärn, a small lake, and the other goes to the Björkom herding stations. One of the Giant Pines is located at the fork in the trail.
- 3. Lake Gluptjärn is about 1 km along the fork leading to Gluptjärn. It is a magical spot with a bench where you can sit and rest. After visiting the lake, turn back the same way you came.
- 4. After passing Röjesjönsvägen, take the path towards Björkom herding stations. After a clearing in the trees and walking over bogs, there is an old charring site to the left.
- 5. Continue through the forest until you reach Björkom old herding stations. Here you can see clear remains of buildings, chimney walls and hearths. The area is open, and light filters down through the boughs of the trees. There is a bench where you can sit and rest.
- 6. After the herding station, you will reach a forest road leading back down to Röjesjönsvägen. After a few hundred metres, you will come to a turning on the left. This turning takes you to a clearing with a view of lake Röjesjön. After taking this turning, turn left immediately and follow the forest road towards the lake Röjesjön.
- 7. When you reach Röjesjönsvägen, walk about 1 km along the gravel path to your car.

8. After you get back to your car, we recommend a refreshing swim in the lake. Röjesjön is the perfect place for an evening dip. The evening sun faces the bathing area. The water in the lake is very clean and often heats up quickly to bathing temperature. The lake has a sandy beach and a beautiful sandy lake bed. The lake is also a good place for angling.



Remains at Björkom herding stations Photo: Lena Liljemark

#### Fact box Herding stations

Every year, the farmers would move their livestock to summer pastures in order to leave their fields free for growing crops for winter storage. Girls began training as herding maids as early as 12 years old. The herding station was often managed by the herdsman's daughter or a farm maid. Their duties included looking out for bears. Sometimes there would be a junior maid to help with the various duties.

Herding maids worked hard all day milking, churning butter and making fresh cheeses. Groups of local lads would often come by on Saturday nights to court the maids. These evenings often ended with a dance on the green pasture.

The buildings at the herding station were small, simple, low wooden huts. All herding stations had basic livestock shelters and barns

(Material from Ljustorp Local Heritage Society.)

#### Road directions

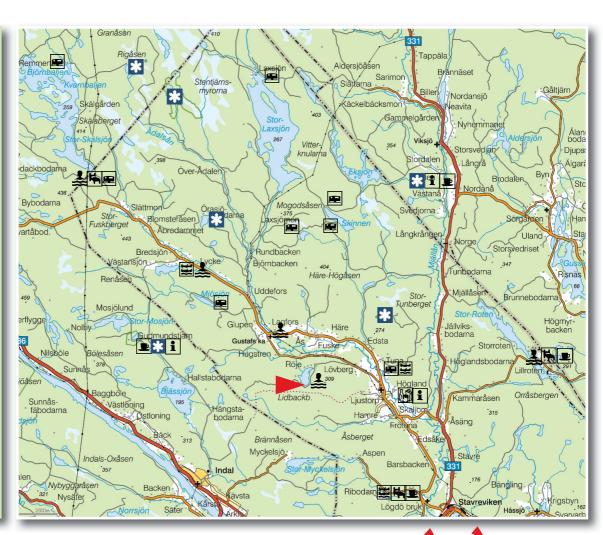
From the E4 motorway take the exit towards Bergeforsen. Drive along road 331 for just over 4 km.

After the railway bridge turn left towards Ljustorp. Drive along road 681. After about 11 km, turn left at the sign marked "Lövberg".

Drive along the gravel road. After about 3 km, take the left turning towards Röjesjön. Drive along this road for about 4 km to the lake.

You can park in the car park beyond the beach to avoid disturbing the bathers.

Starting point



## www.ljustorpsvandring.se



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4 km E4 23 km Sundsvall

4 km E4 35 km Härnösand

Beside one of the starting points

Circuit 2 hrs, 3 hrs incl. detours

4.7 km, detours Gluptjärn 2 km there & back Up to 255 m.a.s.l., ascent 113 m.

Ancient remains

Ranoramic view

#### GPS-guided walk

For information about sights along the way, see the walk description.

The trail is marked in yellow with paint and plastic bands.

	Latitude	Longitude
Car park 1	N62 37.774	E17 14.309
WP 1	N62 37.743	E17 13.495
WP 2 POI	N62 37.689	E17 12.497
WP 3	N62 37.147	E17 12.590
WP 4 POI	N62 37.981	E17 12.472
WP 5 POI	N62 38.055	E17 12.605
WP 6	N62 38 056	E17 12.862
WP 7 POI	N62 37.788	E17 14.127
WP 8 POI	N62 37.821	E17 14.372
Car park 2	N62 37.810	E17 13.398
Car park 3	N62 38 035	F17 13 328

WP = waypoint

POI = point of interest

GPS coordinates stated in WGS 84, lat/long

For more information about geocaching, see www.upplevljustorp.se. To register go to: www.geocaching.com